

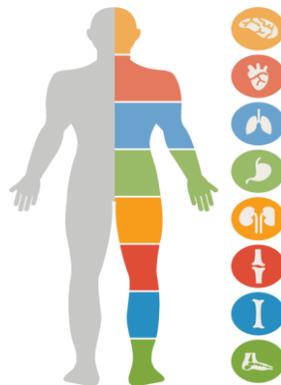
# Youngevity “90 For Life”

## 90 Essential Nutrients

Did you know that only 8-12% of the typical nutritional supplements available today are actually absorbed by your body? That means that approximately 90% of typical supplements are flushed down the drain.

Youngevity’s supplements are 90-98% absorbable! Why is there such a difference? The secret is our exclusive source of plant-derived minerals that dramatically increase bioavailability (absorbability).

We combine superior raw materials with state-of-the-art processing and production, so it’s no wonder that Youngevity products get you results.



## 60 Minerals

Calcium, Magnesium, Phosphorus, Potassium, Sodium, Chloride, Sulfur, Cobalt, Copper, Aluminum, Arsenic, Barium, Beryllium, Boron, Bromine, Carbon, Iodine, Iron, Manganese, Selenium, Zinc, Cerium, Cesium, Chromium, Dysprosium, Erbium, Europium, Gadolinium, Gallium, Germanium, Gold, Hafnium, Holmium, Hydrogen, Lanthanum, Lithium, Lutetium, Molybdenum, Neodymium, Nickel, Niobium, Nitrogen, Oxygen, Praseodymium, Rhenium, Rubidium, Samarium, Scandium, Silica, Silver, Strontium, Tantalum, Terbium, Thulium, Tin, Titanium, Vanadium, Ytterbium, Yttrium, Zirconium

## **2-3 Essential Fatty Acids**

Omega 3, Omega 6, Omega 9

## **16 Vitamins**

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Biotin, Choline, Flavonoids (Bioflavonoids), Folic Acid, Inositol

## **12 Amino Acids**

Valine, Lysine, Threonine, Leucine, Isoleucine, Tryptophan, Phenylalanine, Methionine, Histidine, Arginine, Taurine, Tyrosine

## **Plant Derived Minerals and Bioavailability**

**Our Plant Derived Minerals™** are extracted from humic shale, which is a layer of earth formed from ancient, mineral-laden plants. Humic shale is superior to other commonly-used supplement sources such as bentonite (ground up clay) or dried sea beds (ground up rocks).

**As in plants, Plant Derived Minerals™** have a natural negative electrical charge that has two important benefits. First, it may enhance the transport and bioavailability of other nutrients, and second, it may support the body's natural detoxification of toxins and heavy metals.



\$133.95

### Healthy Body Start Pak™ 2.0

These supplements are specially selected for their excellent nutrient content, quality and efficacy. The combined nutrients of this Pak work synergistically to provide all 90 essential nutrients to your body. This is optimal for those individuals who are looking for a powerful general health and wellness system.

### **Beyond Tangy Tangerine™ 2.0 Citrus Peach Fusion**

The most advanced multi-vitamin to date! It contains potent nutrients, synergizing co-factors, and a prebiotic and probiotic blend that promotes maximum intestinal absorption. 480 g (30 servings)

### **Ultimate™ EFA Plus™**

Strong scientific evidence has documented the benefits of essential fatty acids including heart health, improved cognition and eye health. This balanced formula includes Omega 3, 6 and 9 fatty acids. 90 soft gels (90 servings)

### **Beyond Osteo-fx™**

Restore bone and joint health with a powerful antioxidant formula targeted to eradicate free radicals while addressing nutritional deficiencies that lead to inflammation. 357 g (30 servings)



**Athletic Pak™ 2.0**      \$189.95

Active lifestyles need bodies that function at optimum levels. Provide your body the nutrients it needs to stay active and to recover quickly.



**Blood Sugar Pak™ 2.0**      \$154.95

Excessive blood sugar levels can wreak havoc on our bodies. Help slow down sugar absorption and support your body's ability to handle sugar imbalances.



## Bone & Joint Pak™ 2.0     \$194

Immobility significantly reduces your quality of life. Increase cartilage, ligament, tendon and bone health using the most clinically researched set of nutrients available.



## Brain & Heart™ Pak 2.0     \$199.95

Healthy fats conduct nerve signals from our brains and our hearts. Feed your brain and keep your arteries and chambers healthy and running efficiently.



## Digestion Pak™ 2.0    \$194

Improper digestion leads to dangerous deficiencies. Repair and rebuild your digestive system and support improved absorption.